



## A Weekend Immersion with Mary Obendorfer and Eddy Marks



**This is an All Levels Event!**  
**Friday - Sunday, April 27-29, 2018**

*Come join Mary & Eddy for our 5th weekend immersion experience into the depths of Iyengar Yoga. With vision, clarity and kindness they will guide and assist each of us to a deeper understanding of asana (poses), pranayama (breath work) and yogic philosophy providing an opportunity for growth down the yogic path of Patanjali.*

**Space is limited. Reserve your spot early!**

Mary & Eddy direct the BKS Iyengar Yoga Center of San Diego in Ocean Beach. They are Senior Iyengar Teachers Certified at the Advanced Level. They have studied with the Iyengars 18 times and spent a year from 2003-2004 and another six months in 2009 studying in Pune, India with the Iyengars. They adhere strictly to BKS Iyengar's methodology and continue their education by returning to India each year.

Mary & Eddy will teach together all of the classes during the weekend, which means you are actually getting two senior teachers for the price of one! All Levels Welcome!

**Friday 4/27 • 6:00-8:00pm**

**Saturday 4/28 • 10:00am-1:00pm & 3:30-5:30pm**

**Sunday 4/29 • 10:00am-1:00pm & 3:30-5:30pm**



**Early Bird Price of \$370 for the entire Weekend Until February 1st - \$385 thereafter.**

**\$100 to reserve your spot!**

• All Day Saturday or Sunday \$155 •

Single AM session \$85 • Single PM session \$75

Mary & Eddy 2018

Name \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_ Sessions purchased \_\_\_\_\_

sign up online, in the studio or mail form with check to the studio

**Ventura Yoga Studio, 110 N. Olive Street, Studio P, Ventura, CA 93001 805-643-5979**

[www.venturayoga.com](http://www.venturayoga.com)