



Dawn Stillo, CIYT Level 2!
Breath Passageways in Asana
Workshop

Sunday, March 9

1:00 - 3:00 pm (Daylight Savings Time)

\$45 until 3/6 \$50 thereafter

Relax...
Renew...
Beautifully
Rejuvenating!



Explore!
Discover!
The journey
Of the Breath!

Dawn began studying Iyengar Yoga in 1995
and earned Level 2 Certification in February of 2025.
Led by her love of being a student and encouraged by her teachers

Dawn is passionate about teaching.

Honored to study with Anna Delury and Marla Apt,
she has been fortunate to study directly with the Iyengar family.

All levels welcome! Purchase Now!